

CRYSTAL LIGHT THERAPY

FROM JOHN OF GOD, CASA DE DOM INÁCIO, BRAZIL

The Crystal Light Therapy was created years ago by João Teixeira de Faria in the Casa of Dom Inacio his international famously free spiritual center, at Abadiana, Brazil, land of crystal. João is a visionary man. From his many thoughts came a solution to help the greatest number. Since millenniums, Quartz is used for its curative virtues of purification. It releases perfectly the energy to bring it about its optimal state, everywhere the body needs it. Quartz used in Crystal Light Therapy formed two millions years ago from heat gaz and liquid minerals in the heart of the earth.

The Therapy – Subtle Blend of Chromotherapy, Lithotherapy and Musicotherapy

The Quartz Crystals are living molecular masses in which energy is increased thanks to the light crossing through them. The Crystal Light Therapy uses this suitability and gives it its optimum thanks to a combination of light and colors. Each Crystal is crossed through by a light whose color corresponds with the chakra (center of energy) towards whom it's pointed. Each chakra is irradiated by a beam of light whose frequency is increased from the crystal energy by the color's frequency.

Because of its positive and beneficial stimulation of the immune system at a high and guaranteed level, the Crystal Light Therapy is recommended for any case of physical or psychological problems, or for anti-aging result.

How does a session take place?

The client is not touched or massaged during a session of Crystal Light Therapy. The client rests face up with eyes closed, bathing in the energy of the crystals. Seven curative Crystals from the Casa are hanging at 30 centimeters from his body. The chakras are irradiated during 20 minutes with theirs respective colors and frequency on a precise rhythm. Tapered and tipped, the crystals act as natural lasers that focus, accelerate, and increase the energy into a tight beam of light pointed at the chakras.

Why 20 minutes? This is the time that a crystal needs to reach its perfect fusion. At this moment, the union between body's energy and crystal's is created. This is the unity between body, space and earth.

Benefits

Casa Crystal therapy does the following:

- Lifts the vibration on all, or any, level of mind, body, spirit to assist well-being.
- Cleanses the chakras from negative energies that become attached to your energy field.
- Opens your chakra centers and cleanses any blockages that impede the vital flow of your Spirit life force, into your vital body organs and body function thru your meridians.
- Assists in your energy and overall wellness.
- Realigns, centers and corrects the spin of each chakra
- Allows for an easier physical healing process for the Entities.

Results

At the session's end, the different levels – physical, psychological, etheric, astral – are lined up. The Quartz keeps out inappropriate behaviors and outdated ways of thinking in order to assist the mental and emotional levels. They replace emptiness/vacuity by self-confidence and the feeling of self-worth. Physical diseases, whether minor or deep, are healed with effectiveness by the Crystal Light Therapy which intensely stimulates the body's potential for self-recovery.

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Katherine South - Reiki Master, Quantum Practitioner, Group Leader/Medium of Casa

Scientific Observations on Crystal Therapy

According to science, quartz crystals are hexagonal bodies limited by plane surfaces formed by the interaction of the force fields of silicon and oxygen atoms. Crystals have the highest molecular orderliness found in nature. Crystals can also be understood as representing the complete electro-magnetic spectrum in a solid state. Modern physics postulates that matter is imprisoned solidified light, whereas light is energy in a free state. The highly organized state of matter of the quartz crystal allows photons to move without being trapped and condensed as in other forms of matter. A Crystal is therefore a special tool for using light in specific ways.

Further understanding of crystal therapy was developed by Marcel Vogel, who spent his lifetime investigating quartz crystals. This gifted man used scientific inquiry and intuitive guidance to design experiments demonstrating the power of crystals to affect physical processes. The experiments of Vogel and his associates proved the following:

- A precisely cut quartz crystal produces a constant vibration of the same frequency as water in its purest state.
- Moving water will pick up the vibration from the crystal through resonant interaction and this transferred charge will structure the water.
- A cut crystal can be charged with intent to structure water.

Structured water has increased surface tension and bonding properties. It is the pure state of water found in healthy cell tissue, while unstructured water is found in unhealthy cells and cancer cells. One of the most important biological bases for the health giving effects of crystal therapy is the vibration from the crystals resonating the water in our tissues and cells.

Guidelines for receiving Casa Crystal Therapy

Relaxed receptivity is the best mind set to bring to the Casa Crystal Light Bed Therapy table, cultivating an attitude of letting go and allowing. The crystals evoke feelings of peace and serenity, a starting place for letting the energies amplified by the crystals transport you to greater levels of awareness and perception. You may experience insights and release of specific personal issues and memories. At times, you may have feelings of warmth, movement, tingling or expansion in various centers of your body. Your awareness may extend beyond yourself to transpersonal states of higher consciousness—or, you may fall asleep! Each individual is certain to have a unique experience necessary to his or her own healing and alignment process.

Your session is enhanced by Kathy, who holds the safe healing space with you. As a Medium and daughter of the Casa, Kathy has received training from the Entities to provide support and strength to your intention. The value of a trained professional healer such as Kathy is immeasurable, and of great emotional and spiritual benefit. She is also able to advise you in planning the timing and number of sessions.

Drink adequate amounts of water before and after the session. Allow the benefits to unfold in the hours after the session with ease and gratitude. You have given yourself a wonderful gift.